

EARLY INTERVENTION IS THE WINNING MOVE¹

Lifestyle intervention can reduce progression from prediabetes to T2D by 58%¹

In the CDPP study, adding metformin to lifestyle intervention reduced the incidence of T2D by an additional **17%**²

Because sometimes one more move changes the outcome.



2 x 750 mg
(1.5 g)³

SHOW T2D
THE RED CARD



metformin
Glucophage XR



Turn Awareness into Action

Support your patients with Merck's risk assessment tool and educational resources.

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CDPP: China Diabetes Prevention Program
T2D: Type 2 Diabetes

1. Diabetes Prevention Program Research Group. Reduction in the incidence of type 2 diabetes with lifestyle intervention or metformin. *New England Journal of Medicine*. 2002;346(6):393-403. doi:10.1056/NEJMoa012512.
2. Zhang L, Zhang Y, Shen S, et al. Safety and effectiveness of metformin plus lifestyle intervention compared with lifestyle intervention alone in preventing progression to diabetes in a Chinese population with impaired glucose regulation: a multicentre, open-label, randomised controlled trial. *The Lancet Diabetes & Endocrinology*. 2023;11(8):567-577. doi:10.1016/S2213-8587(23)00132-8.
3. Merck. *Glucophage® XR Prescribing Information*. May 2016.



metformin
Glucophage XR